

## C~N~Do Scotland WGL Course Booking Form

### Course Details

Course: \_\_\_\_\_

Date: \_\_\_\_\_ Price: \_\_\_\_\_

### Contact Details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Home Telephone: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_

Mobile Telephone: \_\_\_\_\_

Email \_\_\_\_\_

MLT Registration Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Do you have any health conditions of which we need to be aware? Please give details.

Please provide name, address and telephone number of someone we can contact in event of illness or accident.

### Meeting place:

Stirling train station

C~N~Do office

PTO



Course	2010 Dates	Price
WGL Training	April 10 / 11 and 17 / 18	£275
WGL Training	October 16 / 17 and 23 / 24	£275
WGL Assessment	March 29, 30, 31	£275
WGL Assessment	October 29, 30, 31	£275

Re-assessment and refresher days available by arrangement

### Course Base:

Courses are run from our base in Stirling. Transport from Stirling to practise locations is included. Apart from 1-night camping on the Training course, courses are non-residential. The Training course is a 4-day course run over 2 separate weekends (overnight camping on the 2<sup>nd</sup> weekend). The Assessment course is a 3-day course (no overnight element).

### Alternative Dates:

Additional dates for groups (minimum 4 for training and 2 for assessment) are available by arrangement.

### Also Available:

If you require additional preparation for your assessment, a range of navigation courses and private coaching at all levels is available.

### How to book:

- Post using the enclosed booking form
- Online using our secure server
- Telephone (if paying by credit or debit card)

Full payment is required at the time of booking. Please ensure you are familiar with our booking conditions / cancellation policy before making your booking.

### Payment Methods:

Cheque / postal order payable to C~N~Do Scotland Ltd  
Visa / MasterCard credit cards - 1% surcharge if over £50  
Maestro (Switch) / Visa Debit (Delta) debit cards

### Invoicing Organisations:

We can invoice your organisation for the course cost. You will need to provide evidence of the organisation's willingness to pay (e.g. **purchase order** or letter signed by an authorised person) and payment **MUST** be received by return.

### Prices:

All prices include VAT. Up to the end of 2009 this is 15%. From the beginning of 2010 prices include VAT at 17.5%. If this changes, the prices may change.

C~N~Do Scotland, Unit 33, STEP, Stirling, FK7 7RP.

Tel/Fax: 01786 445703

[www.cndoscotland.com](http://www.cndoscotland.com) [admin@cndoscotland.com](mailto:admin@cndoscotland.com)



# WALKING GROUP LEADER

## Training and Assessment Courses 2010

[www.cndoscotland.com](http://www.cndoscotland.com)  
**01786 445703**

Courses authorised by  
Mountain Leader Training UK



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## WALKING GROUP LEADER AWARD

The Walking Group Leader Award (WGL) is a nationally accredited award developed by MLTUK (Mountain Leader Training UK) and operated by the MLTS, MLTE, MLTNI and MLTW as part of a National Framework of awards for those leading and instructing in hill walking, climbing and mountaineering. The WGL is also aimed at those who have already achieved training or accreditation through the wide range of local or organisational schemes available. The minimum age for entry into the scheme is 18.

All MLTUK awards are designed for those with a personal commitment to the activity and are centred on the belief that personal experience and understanding of the inherent risks of hill walking and climbing is the best way to maximise safety and good judgement.

### Scope of the Scheme

The WGL award offers the opportunity to gain experience and demonstrate technical competence in leading groups on hill walks in areas of the UK and Ireland that fall within the technical definition outlined below. Such areas may often be subject to hostile weather conditions and require an element of self-sufficiency and this is reflected in the syllabus of this scheme.

- Open, uncultivated, non-mountainous high or wild country known variously as upland, moor, bog, fell hill or down.
- Areas enclosed by well-defined geographical or man-made boundaries such as classified roads (areas that merge with mountain regions and do not have well defined boundaries are excluded)
- Areas of remoteness that are easily exited in a few hours, returning to a refuge or an accessible road
- Areas where movement on steep or rocky terrain is not required (in either a planned or unplanned situation)

### Stages in the Scheme

The scheme has the following stages:

- 1 Register for the scheme with your national MLT board and be issued with a log book
- 2 Take part in an approved training course
- 3 Consolidate training over an advised period of time
- 4 Complete a "home paper", sent to you a couple of weeks prior to assessment
- 5 Take part in, and successfully complete, an approved assessment course
- 6 Have a valid first aid certificate
- 7 Continue with personal / professional development

### Registration

Potential candidates must first register on the scheme with MLTS (E, NI or W) for a log book to record previous and current experience. The registration form must be completed and returned to MLTS with the registration fee of £25. Applicants must also be members of either the Mountaineering Council of Scotland or the British Mountaineering Council. Further details of the scheme can be obtained from: Secretary, MLTS, Glenmore Lodge, Glenmore, Inverness-shire, PH22 1QU. Tel: 01479 861 248. A PDF file containing registration information and a form is available from the C~N~Do website.

### Training

In order to attend the training course participants must have **registered on the scheme** and have completed **at least twenty quality hill walks**, details of which should be recorded in the logbook and brought with you to the course.

It assumes a basic competence as a hill walker as it is aimed at potential leaders. It emphasises those skills that a participant may have difficulty in learning without expert guidance. A high proportion of the course will be practical and includes:

- Walking, route finding and navigation.
- Hazards and Emergency Procedures.
- Equipment.
- Leadership responsibilities and group management.
- Access, conservation and environmental knowledge.
- Weather and other background knowledge.
- Camp craft and the overnight experience.

The course will have a staff ratio of no greater than 1:6. Attendance at a training course is not a qualification in itself.

### Assessment

To attend an assessment course participants must:

- Have attended a WGL or ML (summer) Training Course or have gained exemption from the training course. Those who have attended the ML Training Course must also be **registered for the WGL Scheme**.
- Have completed and logged an **absolute minimum of forty quality hill or mountain walking days**.
- Hold a valid First Aid Certificate (HSE approved provider, involving sixteen hours of instruction, assessment and cover basic life support and emergency aid).
- Present a **completed logbook** at the **start** of the course.

The course will have a staff ratio of no greater than 1:4.



## C~N~Do Scotland WGL Course Booking Form

### Payment Details:

- UK cheque / postal order / Sterling bank draft  
Payable to "C~N~Do Scotland Ltd"
- Debit card: Maestro (Switch) or Visa Debit
- Credit / charge card: MasterCard or Visa  
1% surcharge for credit / charge card transactions over £50
- Invoice to be sent to organisation – please include official purchase order with booking form

### Credit / Debit card information:

Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Card Security Code: \_\_\_\_\_ (last 3 digits on reverse)

Maestro cards: Start Date: \_\_\_\_\_ Issue Number: \_\_\_\_\_

Amount enclosed: £ \_\_\_\_\_

Cardholder's name and / or address (**that card is registered at**) if different from contact details:

### Remember:

**It is your responsibility to ensure that you have met all the requirements of the WGL scheme. Failure to do so could result in exclusion from the training or assessment course and, in the case of assessment will at least result in deferment.**

I confirm that I meet the requirements of the WGL scheme in full and that I have read and agree to the booking conditions.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Please send completed form to:

C~N~Do Scotland, Unit 33 Stirling Enterprise Park,  
Stirling, FK7 7RP.

Telephone: +44 (0) 1786 445703

Email: admin@cndoscotland.com